



SUTTON PARK PRESS

Sutton Park Condominium

Board Meetings are held on the first Wednesday of the month beginning at 6:30 PM in the lower level Community Room



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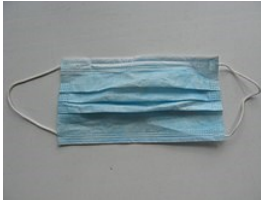
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President's Report

Thank you all for helping us, and continuing to help us, through some challenging times.

For the most part, our Sutton Park community has been able to remain both safe and healthy throughout the impacts and effects of the Coronavirus outbreak. Generally our residents', visitors' and contractors' compliance by wearing masks, including when outside of your unit, and social distancing, observing the 6'+ rule, have been quite successful in contributing to flattening the curve and avoiding transmission and exposure. Thank you for your support, your positive respect for others, and



for helping your neighbors.

As you all have seen in correspondence you (or your Unit Owner) have received from the City of Rochester, we have been (partially) successful in a re-review of fair-value assessment of all of our individual units and buildings. Negotiations to-date have produced an overall property tax savings of \$90,808 for Sutton Park Unit Owners over the next four years (based solely on the 2019 tax rate) from what was originally planned by the City of Rochester, approximately \$928 on average per unit. It's not that we do not want to pay taxes; we want to be sure we are paying our fair share of taxes as allocated across all properties within the

City of Rochester and that our buildings and units are fairly assessed compared to all others. While there still remains a gap between the \$5,995,000 City's new valuation and the \$5,650,000 independent professional valuation completed at the request of your Sutton Park Board, our next decision is whether to advance further review through the courts. More to come.

Work has been approved for the upgrade of our two A Wing elevators. Contract has been awarded to Thyssen Krupp in the amount of \$318,405. Otis bid \$350,000; with no other bids being received.

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President's Report continued

Scheduling of this work will be determined by Coronavirus limitations; coordination and detailed planning will be provided by Realty Performance. B Wing elevator will be scheduled after completion of A Wing.

Planning continues for other maintenance activities including installation of a duplicate park bench on the east side of our gardens, upgrades to our garage membrane on the upper level floor protecting our garage infrastructure, and a final report of the exterior grouting of the A and B buildings along with recommendations as part of the ongoing leak mitigation and repair projects. Grounds maintenance and improvements continue with our House and Grounds Committee, our Staff

and landscaper Zaffer. Once again, I have received so many positive comments about how our buildings and grounds look. Thank you.

Greenlight Networks installation of super fast fiber optic internet wiring throughout our building is complete... and it is lightning fast! Internet service in the library will soon be installed. Other interested residents and unit owners can contact Greenlight directly if interested in a connection.

The thorough and dedicated review and proposed updating of our Condominium Rules and Regulations by the Rules Committee and your Board is expected to be

reviewed at the next in-person Board meeting (hopefully in the Fall).

Even with the concerns and effects of the Coronavirus, social distancing, limited interactions, and concern for our fellow neighbors, lots of work and progress have been accomplished. Thank you to our Staff for remaining so very positive and healthy throughout, helping to maintain our great spirit here at Sutton Park.

Thank you all too for all of your support in success towards our goal of making this a great (and healthy) place to live which we continue to achieve!

Jeff Larson

A Beautiful Gift

Cynthia Arrington donated over 200 bright yellow/orange daffodils from the George Eastman Museum that were on display at the Dutch Connection in February.



On the Monday following the last day of the show, Cynthia was kind enough to take me with her to pick out what we liked! It was like being in a candy store with no calories. Because Cynthia is a volunteer at the George Eastman Museum and donates her time in their gardens, she was allowed to take the daffodils when the show closed. She was

kind enough to think of her home at Sutton Park and to keep the beauty blooming just down the street at 1400 East Avenue.

I am so appreciative of Cynthia and for her donation, keeping Sutton Park the jewel that it is, adding to its spring-time beauty.

Maureen McCoy



Many Thanks to Staff

Although they were offered the option to stay home during “New York Pause” in March, April and May, all the Doorperson, Maintenance, and Housekeeping staff chose to come in to help us. They wore masks, sanitized door handles, sanitized elevator buttons, and reminded visitors and residents to wear masks. Doorpersons appreciate that residents continue to observe safety precautions, maintain the 6 foot rule, and don’t congregate in the Lobby or around their desk. Here are a few **ways we can help the staff:**

Remind all your visitors to put on masks before entering our buildings and to wear them whenever they pass through Common Areas.

Please don’t use the small trash cans in the garage for large amounts of household trash. They

are emptied only once per week and quickly fill up. Tie up household trash and put it down the trash chute or carry it to the dumpster.

Please don’t throw unbagged kitty litter down the trash chute. Bag it, tie it and carry it to the dumpster. Likewise, no glass down the trash chute—many staff members have been cut!

When placing trash and recycling in the totes in the basement, please make sure one tote is completely filled before using another one.

Please rinse out all bottles, cans and cardboard drink containers before placing them in the recy-



cling totes. Stale beer, sour milk, and rotting food in unwashed containers smell even more disgusting in the hot summer months.

Try not doing your laundry on weekends. The drains in the laundry room are not large enough to drain out all the water fast enough when all machines are running at once. (On Sunday morning, a favorite time, there is an inch of water on the laundry room floor.)

Please don’t leave food out on the grounds for animals. A well-meaning person was observed throwing flower seeds, probably meant for birds, on the West side. Rats near the dumpster and squirrels scarfed it up. Rats multiply very rapidly and could easily migrate to our buildings.

Garry Mount

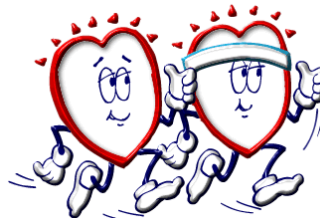
Avoid Unwanted Weight Gain During the COVID-19 Pandemic

Beware of your fridge, pantry, and couch during the pandemic. Being cooped up at home with easy access to food can lead to overeating. The fear of contracting the infection, enforced solitude, or tending to an ill loved one can increase stress so that the usual balance of eating and regular exercise is disrupted.

To stay on track, get off the couch. Trust your body’s cues for hunger and try to avoid mindless snacking. Eat regular meals and snacks which provide adequate energy and hydration.

Although gyms and yoga studios are closed or opening with limited capacity, you can still exercise and

maintain social distancing. Walk outside more, jog in place, find workouts online—even clean your condo. Physical activity is good for maintaining immunity and reduces mental stress.



by Anna Palumbo, *In Good Health*, May 2020

Committee Reports

Bike: Adele Gorges and Anita Cohen report all bicycles stored in the garage should have been registered with Stan and have stickers on them. If you wish to add one, please register it with Stan.

Social: Sandy Beery reports no picnic has been planned for this summer because of concerns about the danger of virus transmission in large gatherings. If safety/health advisories change and conditions improve, plans might change. If you have a novel idea about how to have a social event virtually or by maintaining social distancing, please call her.

House and Grounds: Please see two articles by Maureen McCoy and photos by Cynthia Arrington

Welcoming Committee: Joni Dattilo and Cynthia have not personally visited new residents or given them the Welcome packets, but they will when it's safe to do so.

Resident Manual: Patti Donahue, Liz Cook and Maureen McCoy have completed their updates but the Board welcomes comments before members vote. Please see article "Now What".

Windows: Mike Sheedy of Rochester Glass reports no new orders in March, April or May. If you are interested in replacing one or more windows in your condo, call or email Garry Mount.

Newsletter: Thanks to contributors Cynthia Arrington, Alan Gray, Jeff Larson, Maureen McCoy, proofreader Nancy Nurick, and publisher Chad Fetterman. Sandy Beery and Prudy Medina contributed

articles which will be in future editions. Please submit articles to gmount@frontiernet.net or leave hardcopies in #103 in the 2nd-class mailroom.

Greenlight: Eileen Petrillo has learned that Greenlight has installed their service in 15 of over 30 units which originally signed up. Their technicians continue to install in units in which owners feel comfortable allowing them to enter. Now that Greenlight has installed their mainframe throughout our buildings, individuals who later decide to use their service may call 585-351-6600 to sign up for home installations. Greenlight will install in the Library soon so residents may use it on their devices there. The WiFi connected there will also be accessible in the Meeting Room in the Basement.



First Aid Supplies for the Summer Months

From the American Red Cross:

- Sunscreen
- Lip Balm
- Insect Repellent
- Insect sting relief treatment
- Poison Ivy treatment
- Blister treat-



- ment
- Splinter Tweezers
- Antiseptic Wipes
- Antibiotic ointment
- Band Aids in various sizes
- Gauze pads in various sizes
- Rolled gauze
- Paper tape (which doesn't harm skin)

Now What? *More* Reminders about Rules? OMG!

Please don't open the windows in the Common Areas. A well-intentioned resident had been opening some, probably to increase air flow during the COVID-19 shutdown in March, April, and May. Now that the AC system is running, there is plenty of fresh air circulating in the building. Want more fresh air? Feel free to open windows in your own condo.

Enjoy your balcony, but remember that only furniture and plants are

allowed on it. It's not a storage closet. Also, no air conditioning units, cooking equipment, music players, bicycles, sports equipment, or cleaning supplies. Review the *Residents Manual* for a the complete list.

Please read the revised *Residents Manual with Rules and Regulations* on the Realty Performance Group website. Email your com-

ments to Board members or leave written comments in the Board mailbox in the second-class mail-room. The Board won't vote on it until we can have a regular open meeting with all residents. Options being considered are a meeting outside, in the Basement with social distancing and masks, or virtually on ZOOM.



Sutton Residents Help in the COVID-19 Crisis

Many Sutton Park residents have volunteered their services to help others both within Sutton Park and in the wider community since the state wide shutdown was declared in March. Prudy Medina sews and distributes beautiful cloth masks to many people. Deborah Clark, Anita Cohen and Eileen Spence volunteered to shop and run errands for people who can't leave the building. Some residents are delivering packages and homemade meals to others. Joni Dattilo offers counsel-



ing services over the phone to people who are anxious and depressed about the situation. Some residents are sanitizing door knobs on their floors and the elevator buttons. To keep their neighbors safe, most residents are wearing masks in the Common Areas and trying to maintain the six foot distance.

Deb Clark has been working at the Department of Health, and she

will start working as a contact tracer. Bill Kelly started Monday June 1 working full-time for the Department of Health coordinating 214 contact tracers. Many thanks to them, and to all of you who are helping in large and small ways to get all of us through a very difficult time.

Garry Mount

Opening Day

by Alan Gray

Soft Spring is Strong
 She nudges Winter by degrees
 Big, Bad Winter who devoured Summer
 Whole in one breath,
 All in one night. And Fall, his sidekick,

Who made only change from the transaction
 Both are vanquished now;
 Gone with a chirp
 Gone with the crack of a bat...
 Spring reigns.

Ten of the Forty-Five Lessons Life Has Taught Me

1 Always choose life.

2 Life isn't tied with a bow, but it's still a gift.

3 Growing old beats the alternative—dying young.

4 Don't audit life. Show up

and make the most of it now.

5 No matter how you feel, get up,

dress up and show up.

6 Burn the candles, use the best sheets and wear your best clothes. Don't save them for a special occasion. Today is special.

7 If we all threw our problems in a pile and saw everyone else's, we'd grab ours

back.

8 However good or bad a situation

is, it will change.

9 When in doubt, just take the next small step.

10 Whatever doesn't kill you really does make you stronger.

by Regina Bratt, age 90, *Cleveland Plain Dealer*



Unexpected Consequences of the COVID-19 Shutdown

1 After listening to their owners whine and complain for three months, hundreds of emotional support dogs have fled their masters' homes and applied for Unemployment Insurance. Many are seeking career counseling services in hopes of changing jobs.

2 After having many long conversations over three months, many couples have decided not to have children. They are now having longer talks about how to tell their children.

3 After being cooped up with their parents for so long, many children are seeking voluntary placement in foster care or placing themselves for adoption.

4 After months of online instruction, many seventh graders finished middle school, graduated from high school, and used an online app to learn to drive. They're now delivering for Amazon.

5 Many Americans didn't seem to understand advice to use alcohol as a disinfectant and began to drink a quart of liquor a day. Many developed COVID-19 but doctors report they were too drunk to care.



Garry Mount

Volunteer Appreciation

Wednesday May 20 was an absolutely beautiful day with bright sunshine and almost 70 degrees.

What else would we need for our annual planting at Sutton Park? Cynthia Arrington, Liz Cook, Bill Dewart, Janet Scoones-Dewart, Linda Lobb, Prudy Medina, Jamie



Yeaw, and Stan Siwec are the volunteers who beautified our grounds while practicing social distancing and wearing their masks. Thank you to all—your help is greatly appreciated! Enjoy the flowers and our Summer.

Maureen McCoy